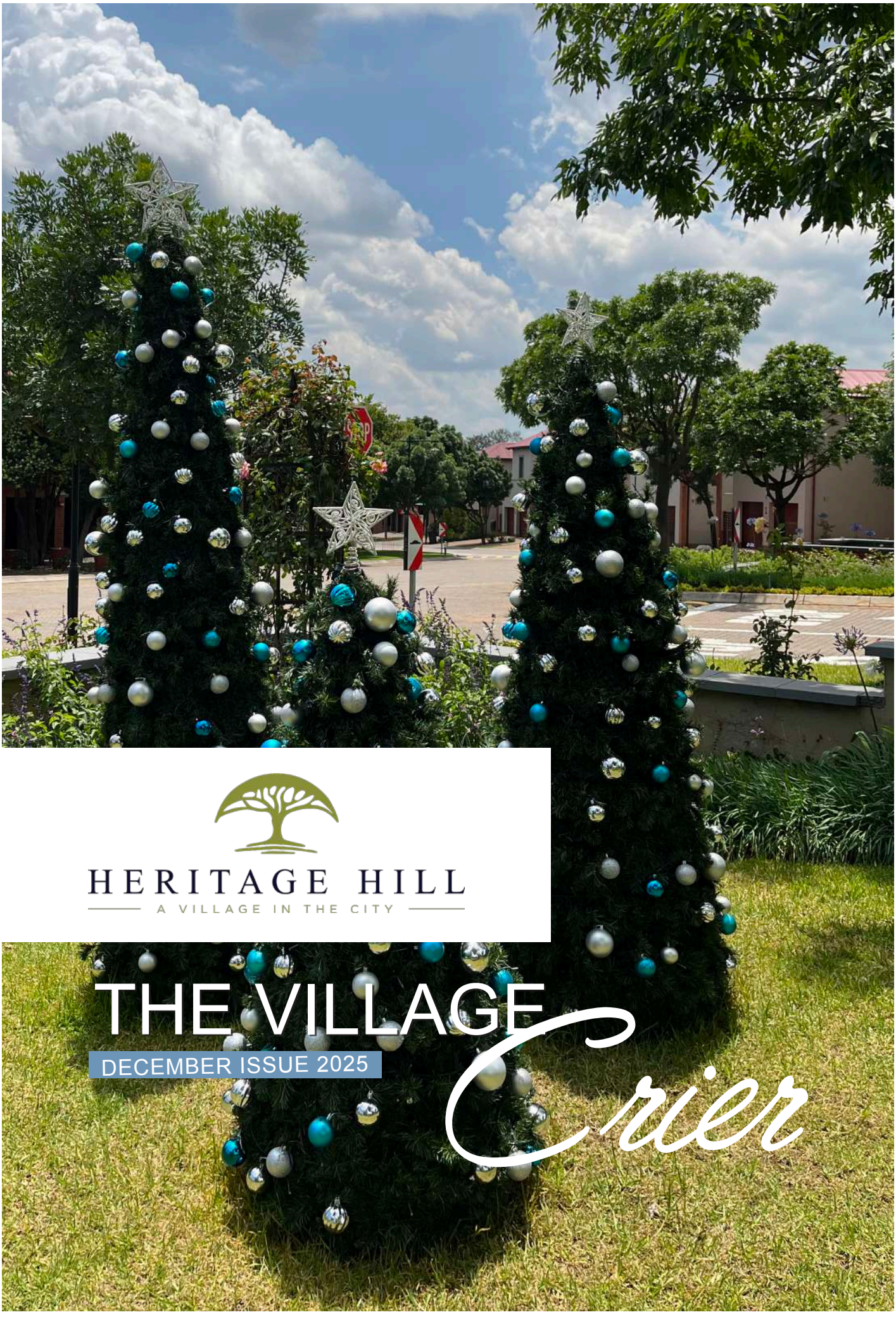

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Disclaimer: This e-Magazine is produced especially for residents/owners of Heritage Hill Estate to provide updates and useful information. It is produced by K-Studio on behalf of Heritage Hill Estate HOA. Although every effort is taken to ensure accuracy of content, Heritage Hill Estate HOA and/or the Publisher, cannot be held liable for any inaccurate information, and may not agree with all opinions expressed in this publication.

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SOUTHDOWNS COLLEGE

Southdowns College provides a dynamic and progressive education for all pupils who respect individual needs, and embrace diversity and change in pursuit of academic, sporting and cultural excellence



SOUTHDOWNS COLLEGE: FROM TEENY-TINY TOT TO TOP-TIER TALENT!

Ever wondered how to give your child a seamless educational journey that covers all the bases – and then some? At Southdowns College in Centurion, nestled near the picturesque Irene farmlands, we deliver a holistic education that transforms learning into a lifelong passion. Our beautiful school grounds, renowned for their natural space and idyllic setting, offer a serene environment that feels far removed from a typical school, fostering tranquility and focus. We provide comprehensive education across all stages, from early childhood development to the successful graduation of accomplished matriculants, ensuring Enlightened Minds are prepared for the future.

The journey begins at Grade 0000 (for children 2 turning 3), where our Pre-Preparatory School is built on warmth and wonder. Learning is purposeful, fun, and foundational. We develop key skills through dedicated gross motor programmes and include value-added extras like conversational isiZulu and swimming lessons in the fees. Our caring staff and teaching assistants ensure a secure, happy, and school-ready environment.

Our Preparatory School is where curiosity sparks confidence! We offer an integrated curriculum, rich with subjects. Learning comes alive through experiential days and theme-based exploration. Academic excellence is nurtured, but so is well-being, with our on-site Academic Enrichment Centre (AEC) providing essential support from speech therapists and educational psychologists. Learning here is an exploration, not just a task. Aftercare is also available for added convenience.

As an IEB school with a proud 100% Matric pass rate, our High School is where specialisation happens. Southdowns College High School focuses on fostering Enlightened Minds and well-balanced servant leaders through a dedicated emphasis on character development. This is achieved via a robust dedicated leadership programme. Crucially, Service and Outreach are non-negotiable components, promoting nation building by actively involving pupils in hands-on projects and community contributions.

Our academic rigour is balanced by outstanding facilities, including a top-notch astro hockey field and a 25m heated indoor swimming pool within the SAX building. High schoolers can also call our College House Boarding a "home away from home" while embracing our five pillars: Academics, Sport, Leadership, Culture, and Service, including the fantastic Southdowns Academy of Music (SAM) and Southdowns Academy of Dance (SAD).

Southdowns College is truly a place where potential is nurtured at every turn, guaranteeing a future where your child's Enlightened Mind will not just meet the future, but shape it.









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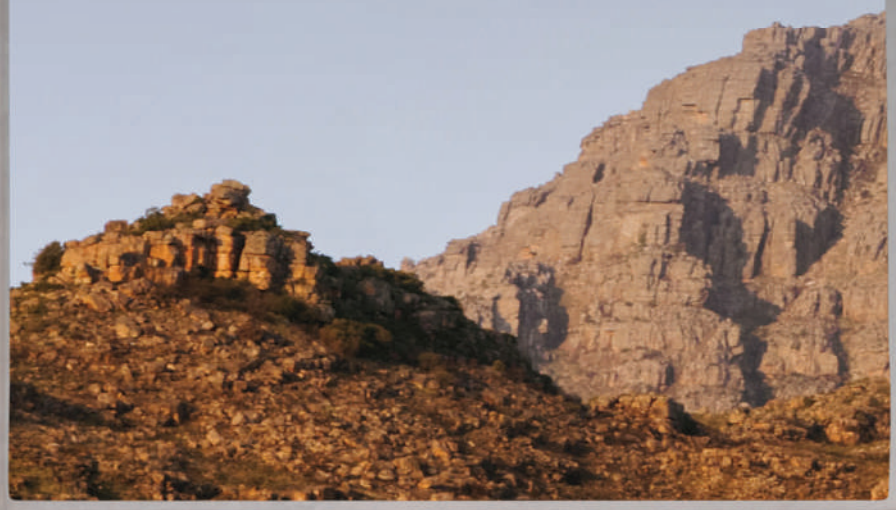



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Letter FROM THE GM

Dear Heritage Hill Residents,

As the year draws to a close, we would like to share our heartfelt appreciation with each member of our community. Your support, involvement, and positive spirit have contributed immensely to making 2025 a successful and memorable year for Heritage Hill.

This year has been filled with countless moments, big and small, that highlighted the strength of our community. From well-attended estate events to the neighbourly gestures that brighten everyday life, each contribution has helped nurture the warm, connected atmosphere that makes Heritage Hill feel truly special. We are also excited for what lies ahead, especially as we prepare to welcome many new families next year with the integration of Phase 2 into the estate. Their arrival marks another chapter of growth and shared opportunity for all of us.

As the festive season approaches, we wish you and your families a time filled with joy, rest, and meaningful moments together. For those travelling, please do so safely. We look forward to welcoming you back refreshed, renewed, and ready for the year ahead.

May the coming year bring peace, prosperity, and continued harmony to our beautiful estate. Thank you for being part of what makes Heritage Hill such a wonderful place to call home.

"Community is not just a place we live, but a feeling we share."

Warm regards,

Janus

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SMART STRATEGIES

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NAVIGATING THE ENERGY CHALLENGE

The relationship between South Africans and their power supply has fundamentally changed. Reliability is now a concern for every homeowner and business owner, and the financial pressure of utility costs continues to rise. The shift is clear: taking control of your energy is no longer a luxury; it's a necessity for maintaining comfort, productivity, and the long-term value of your property. This proactive approach secures your lifestyle against external volatility and transforms a running cost into a tangible asset.

FINDING YOUR SEAMLESS POWER SOLUTION

When evaluating backup or alternative power, the focus should be on longevity, efficiency, and expert support. It's essential to look beyond the initial cost and consider the quality of the components and the service backing your investment. A true power solution should feel seamless, giving you unwavering confidence regardless of what the grid is doing. A well-chosen system should integrate discreetly into your home, operating silently while delivering dependable performance 24/7.



KEY COMPONENTS OF A RELIABLE SYSTEM

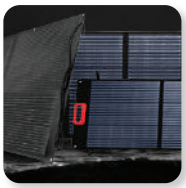
Modern energy solutions combine several key elements to deliver genuine independence:



Look for high-performance panels paired with robust hybrid inverters and high- capacity lithium-ion batteries. These systems are the core of reducing your grid reliance and significantly cutting monthly energy expenses. The correct selection ensures maximum energy harvest and optimal storage for continuous usage.



For flexible, guaranteed continuity, portable and fixed home backup power stations offer reliable power for essential appliances. They ensure your routine remains uninterrupted during load- shedding or unexpected outages.



The best equipment is useless without professional guidance. Seek out providers who offer comprehensive support; from an initial consultation and compliant installation to full, long-term maintenance. The installer's reputation and commitment to after-sales service is the most critical factor in the long-term success of your system.



YOUR INVESTMENT IN THE FUTURE

Choosing an alternative energy system is a significant decision. You are not just buying hardware; you are investing in peace of mind, financial stability, and the future efficiency of your home. By focusing on premium components and dedicated local support, you can reclaim control over your energy and your lifestyle.

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A TOAST TO COMMUNITY

By Yandri Pienaar

Heritage Hill Estate's Vine & Craft Festival Shines Despite the Rain

There are few things that bring a community together quite like good company, good conversation, and—of course—good craft beverages. This year's **Vine & Craft Festival** at **Heritage Hill Estate** proved exactly that. What was meant to be a sun-dappled afternoon in the Rose Garden transformed, thanks to unexpected rain clouds, into a warm and lively gathering at the clubhouse. And despite the change of plans, the event turned into one of the estate's most memorable full-house celebrations yet.

A Celebration of Artisan Flavours

Residents and guests were treated to an impressive lineup of **gin, wine, beer, ale, cider, and whiskey** curated from some of the region's celebrated wineries, breweries, and distilleries. Each brought its own personality, craft, and creativity to the tasting tables.

Ataraxia Wines

Known for their philosophy of tranquillity—*ataraxia* meaning "a serene state of mind"—this Hemel-en-Aarde winery showcased elegant, cool-climate wines. Their Chardonnay and Pinot Noir, in particular, impressed guests with their balance, purity, and finesse.

Robertson Winery

A household name in South Africa, Robertson Wines brought approachable favourites and sophisticated gems. Their aromatic Sauvignon Blanc and well-rounded Merlot were popular choices among residents seeking familiar, trusted quality.

Tolokazi Beer

A rising star in the craft beer scene, Tolokazi celebrates African heritage through bold, flavourful brews. Created by one of SA's pioneering female brewers, their tastings offered refreshing notes of maize, sorghum, and indigenous botanicals—an authentic and memorable experience.

33 Lager

Crisp, clean, and undeniably smooth, 33 Lager appealed to beer lovers who appreciate a classic done exceptionally well. Its easy-drinking style made it a favourite for those wanting something refreshing amid the busy tasting lineup.

Lengana Distillery

Known for merging tradition with innovation, Lengana Distillery presented beautifully crafted spirits infused with botanicals such as wild sage (lengana). Their uniquely South African flavour profiles drew plenty of admiration at the festival's gin station.

Lalula Distillery

A boutique distillery making waves with artisanal small-batch spirits, Lalula offered gins and liqueurs boasting vibrant fruit, citrus, and floral notes. Their colourful, flavour-forward creations brought an element of playfulness to the tasting experience.

Helden Distillery

For whiskey and spirit lovers, Helden delivered bold, complex pours. A brand built on patience and precision, their handcrafted spirits brought depth and warmth to the rainy-day atmosphere—especially their richly layered whiskey selections.

Gourmet Comfort from Chow Bella

To complement the tastings, the beloved **Chow Bella food truck** served piping-hot toasted paninis filled with a variety of gourmet ingredients. From classic steak and chicken to roasted vegetables, haloumi and pesto, the hearty bites were just what guests needed on a cool, rainy afternoon.

A Community Brought Closer

Although the weather had other plans, the shift to the clubhouse created an unexpectedly intimate and spirited atmosphere. Laughter filled the space, glasses clinked in cheerful rhythm, and neighbours mingled with the easy warmth that makes Heritage Hill Estate feel like home. As the rain pattered softly outside, the festival buzzed with energy, discovery, and connection—proving once again that at Heritage Hill, it's not the venue that makes the moment, but the people who share it.

Until the Next Pour…

The Vine & Craft Festival was more than a tasting event, it was a celebration of craftsmanship, community, and the simple joy of gathering together. With such a successful turnout and glowing feedback, residents can look forward to many more shared experiences in the future.

Raise your glass to good neighbours, great flavours, and the vibrant community spirit that makes Heritage Hill Estate truly special.






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Rose
LA LU LA
GIN
Grapefruit




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HELDEN
HELDEN
HELDEN


33
PREMIUM


nord piano4





Founded in contrast, the materials and textures in our latest outdoor collection are a metaphor for harmony and balance. Through this opposition, beauty is created. The tension of the sun disappearing behind the horizon line, the jagged mountain's edge that frames a valley, the refreshing dusk air that cools the soil after a sweltering day – that is where beauty rests. Rare South African terrains, speckled with fynbos and perennial plants define a unique landscape. One that contains multitudes. Unlike any other, this land finds itself defined by a symbiotic relationship between predator and prey, drought and rain, dawn and dusk. Their dialogue carrying over valleys, ancient rock carvings, and rivers that lead to open oceans. Through hardship and dry spells, a new kind of landscape is born – one we can call home. Smoke finishes on hand-selected pieces of teak, rich in oil and confident in grain, mimic the mountain curves through rigid frames. These elemental pieces are designed to age with the land – weathering and wearing to show the markings of their journeys.

This season also introduces new modular sofa ranges – the Paloma and Havana – designed for both outdoors and in. Generously proportioned and deeply inviting, these pieces embody the collection's spirit of natural ease and adaptability.

The modular design allows for fluid configurations that shift with the rhythm of daily life, whether for moments of solitude or shared gatherings beneath open skies.

Upholstered in weather-resistant fabrics with a soft, tactile feel, each element invites rest and conversation, offering comfort that endures through the seasons. Complementing these are our loungers, sculpted in shape and scale, designed for languid afternoons and sun-drenched pauses.
Their generous proportions and gentle curves echo the undulating lines of the horizon itself – relaxed, grounded, and timeless.

In between harsh sun rays that penetrate the surface of the earth and rough sands that erode mountain faces, the quiet power of nature is revealed. In the hurried scurrying of a dung beetle, in the trailing call of a crane – our collection this year shows our reverence for natural forces.
It is a recognition that life continues in subtle gestures and small moments, where patience and observation reveal the true story of a place. The interplay of light and shadow, the changing colour of the sky, and the gentle shifting of grasses in the wind are all captured in the spirit of this collection, reminding us that outdoor spaces are alive, breathing, and ever-changing.





Woven rope details evoke unreplicable patterns of veining leaves and indigenous thicket. Crafted to withstand and hold, these pieces carry the stories of their craft in between intertwined strands. Each rope, carefully selected and handwoven, creates a network of texture and strength, recalling the delicate complexity of the ecosystems that inspired them. The craftsmanship embedded in every twist and knot is a dialogue between human hands and the natural world, bridging tradition and contemporary design.
Rope, river, sand, wood. Constantly moving. Evolving through this generation and the next. Statues that remain long after they have been witnessed. This season, explore the wild, raw, and bold metamorphosis of design through the lens of tension. It is a celebration of resilience and endurance, of the quiet beauty found in natural forms, and of the dialogue between strength and fragility.

“I’ve seen many horizons in my life.
From Indonesia to Namibia, they inspire me to think bigger. That’s how I wanted this collection to feel. Like a beautiful moment in time.”
– Chris Weylandt

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Seniors' High Tea on the Stoep

A gentle buzz of conversation and the soft notes of Andrea Bocelli drifted across the clubhouse stoep on the morning of 22 October, creating the perfect backdrop for our Seniors' High Tea. With the warmth of a bright spring day settling in, the stoep became a welcoming space filled with anticipation, friendly faces, and the promise of a memorable gathering.

Eleven wonderful ladies attended, each bringing her own stories, perspectives, and vibrant energy to the table. Platters of delicate treats were enjoyed between conversations about favourite books, unforgettable travels, cherished hobbies, and the many small joys that colour their lives. The morning unfolded naturally, with easy laughter, thoughtful chats, and the comforting rhythm of teacups being gently set down between stories.

In the midst of it all was a reminder worth holding onto:

"Connection is the finest ingredient for a beautiful day."

The atmosphere felt light and uplifting, with every moment carrying a sense of gratitude and togetherness. What started as a simple high tea blossomed into something more meaningful, a celebration of friendship and shared experiences.

As the morning came to a close, the stoep still hummed with warmth. We look forward to many more gatherings that honour community, companionship, and the joy of being part of something special.











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Time to Pause & Replenish

Natural Self-Care Rituals for a Warm Summer Season

Summer carries a special kind of energy. The days feel brighter, the evenings stretch longer and life takes on a lighter rhythm. Yet with the excitement of the festive season often comes a sense of being pulled in many directions at once. It becomes easy to lose touch with your own needs. This is why creating moments of quiet care for your whole body becomes so important. True wellness is not only about your skin. It is everything that helps you feel grounded, clear and fully present.

"Choose to fill your own cup first so you can move through the season feeling grounded, glowing and renewed."

Your body speaks quietly. A tight shoulder. A restless mind. A tired breath that wants to deepen. When you take a moment to pause, you begin to hear what your body has been trying to tell you. A warm stretch in the morning can release the tension you've been carrying. A mindful walk outdoors can soften the mood of a busy day. Even a long drink of cold water can bring a refreshing sense of presence back into your body.

Movement becomes one of the most intuitive ways to reconnect. Not a workout that drains you, but slow, intentional motion that supports your natural rhythm. A gentle stretch in the shade. A few slow steps barefoot on cool tiles. A light dance in the kitchen to your favourite song. When movement feels kind, your whole body responds.

Breathing is another quiet form of nourishment. A few unhurried breaths can instantly shift the body from tension to ease. In warm weather, deep breathing also helps calm the nervous system,

regulate temperature and steady the mind. When you breathe with intention, your whole body softens, from the shoulders to the heartbeat.

Natural comforts help guide this slower way of living. A cup of herbal tea to soothe the afternoon heat. A cooling mist made with mint or cucumber to refresh the senses. A light massage with a nourishing body oil to ease tired muscles and bring a moment of peace. These are not elaborate rituals. They are simple acts that remind your body it is cared for.

Wellness also comes from how you nourish yourself. Hydrating fruits and crisp greens help you feel lighter in warm weather. Water infused with fresh ingredients keeps the body balanced and energised. Eating slowly encourages better digestion and gives the whole body a chance to unwind.

Rest is just as important. The body restores itself when you give it time to settle. A short afternoon pause in a cool room. A calming evening routine with dim lights. A relaxing soak with salts or gentle essential oils that invite the muscles to release. When rest becomes part of your rhythm, the body begins to rejuvenate naturally.

The mind also needs spaciousness. Writing down a few thoughts at the end of the day can help release mental noise. Sitting outside and noticing the colour of the sky can bring clarity. Gentle music, soft fabrics, warm showers and quiet moments of gratitude all support a more peaceful inner world.

As the festive season unfolds, caring for your whole body becomes one of the most meaningful gifts you can give yourself. When your muscles feel relaxed, your breath feels deep and your mind feels clear, every moment becomes easier to enjoy. You move through the season with softness, confidence and a renewed connection to yourself.

This summer, let your wellbeing be a full-body experience. A gentle combination of rest, movement, hydration and natural comfort. When you honour the whole body, you create a season that feels more spacious, more joyful and beautifully your own.

SOOTHING EVENING RITUAL

Add a handful of Epsom salts and a few drops of lavender or jasmine to your evening bath. The warm water helps relax the body while the subtle scent encourages a deeper, more restful sleep. It's a quiet way to end the day feeling lighter, softer and fully unwound.

Mint and Cucumber Cooling Water

For those days when everything feels chaotic and you just need to cool down, this simple infusion brings instant refreshment.

Ingredients:
A few slices of cucumber
Two or three mint leaves
Cold water

How to make it:
Combine all ingredients, let it sit for a few minutes, then strain.

Use:
Apply with a cotton pad or splash lightly onto the skin for a cool, calming boost.

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Let Cheese Make The Magic:

A Festive Board for Effortless Hosting



Friends are arriving, the sun is shining, and laughter is already spilling across the verandah. You want to serve something that feels special, but not fussy. Something that looks as good as it tastes. ***Enter the cheeseboard:*** your wingman for effortless festive hosting.

At Indezi, we believe great food doesn't need overthinking. It just needs honest ingredients, made with care and presented with pride. Here's a simple guide to help you build your festive board:

Start with proudly local cheeses – we rely on uniquely South African recipes, each named by the Zulu women who make them by hand. Add creamy goat's milk cheese (we love a Caprini) for a different texture and flavour. Bring in a buttery Kwaito and a top-quality Maskandi for familiar comfort, and add a wedge of Amabutho or a slice of Kinati for something bold.

Top tip: You're looking to mix up colour, texture, shape, and flavour. Change how you slice each cheese for interest.

Next, add a few tasty treasures that spark joy in your kitchen. Summer berries, crimson watermelon, and grapes add a rich Christmassy colour. A drizzle of honey or fig preserve is glossy and toasted nuts are crunchy. Olives, gherkins or relish bring bold flavour, and a selection of crispy crackers will carry the load.

Top tip: *Make it easy for guests: pre-slice pickles, have a bowl for olive pits, provide small spoons for condiments.*



Now comes the fun part: styling. Use what you have: a wooden board, a marble platter, or beautiful plate. Lay out your cheeses, alternating colours and shapes. Tuck in the accompaniments, aiming for abundance as you fill in all the gaps. If you can, have a different knife for each cheese. Now sprinkle with fresh garden herbs or edible flowers for a summery finish.

Top tip: *Pomegranate rubies make everything more festive!*

Just like that, you've served up joy on a board. This is what festive entertaining should feel like: beautiful, generous, and proudly local. So go ahead, gather your people, pour something sparkling, and let the cheese make the magic happen.

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FESTIVE & Fabulous

Simple ideas to make your festive season beautiful

Walk into any shopping centre this year and the magic is already there. Christmas décor has arrived earlier than usual, with trees, lights and ornaments filling shelves long before the summer holidays begin. Many families are choosing to plan ahead so they can spread out their festive spending, avoid the December rush and enjoy a calmer build-up to the season. Online shopping also makes it easier to prepare early and stay organised.

But if you have not had time to plan yet, do not worry for a second. You are not behind. There is still more than enough time to turn your home into a warm and festive space. Christmas does not require a full-house makeover. A few thoughtful touches can create a beautiful atmosphere without stress.

Focus on One Space

When life is busy, less can feel like more. Instead of decorating every room, choose one area where your family naturally gathers. This could be the dining table, the lounge, the entryway or even a cozy reading nook. A wreath on the wall, a handful of candles or a sprig of greenery can make a room feel instantly festive.

This simple approach is perfect for households who want Christmas to feel calm, meaningful and welcoming.

"A few thoughtful touches are all you need to create a magical Christmas."

The Christmas Table: Where Everyone Comes Together

One of the easiest places to add festive charm is the dining table. It is the heart of Christmas Day, where people gather, talk, laugh and share memories. A beautifully styled table sets the tone for the entire home and does not require much effort.

1 **Start with a neutral base.** A linen cloth or table runner in cream, stone or natural tones creates a peaceful foundation. These light, soft colours fit perfectly with the warm festive weather and allow the rest of your décor to shine.

2 **Add personal touches.** Vintage cutlery, old side plates, your favourite jug or even mismatched pieces can bring personality and comfort to the table. Items with history instantly create a feeling of home.

3 **Choose earthy colours.** Olive green, soft brown, warm white and light wood textures are the stars this season. They pair beautifully with greenery and give your table a relaxed, elegant feel.

4 **Use natural greenery.** Instead of heavy floral arrangements, keep things simple. Eucalyptus sprigs, olive branches or a single protea placed in small vases create a fresh and effortless look. Greenery lasts longer, costs less and suits the simplicity of modern festive décor.

5 **Finish with gentle lighting.** A collection of candles or a strand of fairy lights can transform your table with a soft, welcoming glow. Lighting adds warmth, atmosphere and a sense of celebration that guests feel immediately.











A Season Filled With Connection

Christmas in 2025 is all about simplicity and intention. Early planners choose calmness over chaos. Others start later and rely on thoughtful touches that still make the season sparkle. No matter when you begin, the focus remains the same. Create a space that feels like home and fills the day with joy, comfort and connection.

A single decorated area. A beautiful table. Good food. Laughter. Sunlight. These are the moments that make Christmas unforgettable.

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PRIVATE GAME RESERVE



Where time slows down

A Journey To Royal Jozini

The moment we turned off the main road and began the drive through the reserve, something shifted. The air grew softer, fresher… the kind that makes you take a deeper breath without even realising it. As the Lebombo Mountains rose up in the distance and Lake Jozini shimmered under the late afternoon sun, we knew we'd arrived somewhere special.

By the time we reached our bush home, a gentle stillness had settled over everything. We stepped onto the wide veranda and were greeted by the sounds of nature — birds calling, leaves rustling, and somewhere in the distance, the soft snort of a nyala moving through the bush.

"It felt as though time had slowed to the rhythm of the wild"

That first evening, we lit a small fire in the boma and watched the stars emerge one by one. There's something magical about an African night sky — a vast, velvety darkness alive with the sounds of the bush. Conversations flowed easily, laughter came freely, and the worries we'd carried from the city simply melted away.The days that





followed were a gentle blend of peace and adventure. Mornings were spent sipping coffee. Some of us went tiger fishing, chasing the thrill of the catch; others took quiet walks, binoculars in hand, spotting giraffe and kudu along the way. Afternoons invited lazy swims, reading in shady spots, or dozing to the soundtrack of cicadas.

In the evenings, as the sun set over the lake, painting the mountains gold — we gathered around the braai, beneath that endless sky. We celebrated a birthday while we were there, surrounded by close friends, with laughter echoing into the night. But honestly, Royal Jozini doesn't need a special occasion. Being here is reason enough.

Staying in a private bush home gave us the freedom to truly unwind.

With self-catering lodges tucked discreetly into the landscape, it felt like our own little corner of the wilderness — with all the comforts of home, but none of the rush.

Royal Jozini is 600kms from Pretoria and Johannesburg, yet it feels worlds away. Whether it's a weekend escape, a family holiday, a romantic retreat, or a special celebration, this is a place that soothes the soul and leaves you longing to return.

Definitely worth the trip!

Royal Jozini –
Where nature welcomes you home.











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IT'S THE SILLY SEASON AGAIN – A VET'S ADVICE REGARDING NOISE PHOBIA IN DOGS AND CATS

BY DR VICKY LOUW (BVSC)

As veterinarians, we see a sharp increase in anxiety-related cases over the festive season — especially in pets with noise phobias. Fireworks, parties, loud music, and gatherings can be terrifying for many dogs and cats, and what feels like "fun" to us may feel like a real threat to them.

What is noise phobia?

Noise phobia is an intense fear response to loud or unpredictable sounds such as fireworks, thunder, or gunshots. This isn't "naughtiness" or attention-seeking — it's a genuine panic reaction caused by how pets perceive sound and vibration.

What it looks like:

For dogs, fear of loud noises (such as fireworks, thunder or sudden bangs) often triggers visible active reactions: barking, pacing, panting, hiding, shaking, trying to escape or even injuring themselves.

For cats, the responses may be more subtle — hiding, freezing, avoiding interaction, or trying to escape into small dark places.

Why holidays make it worse:

The noises are unpredictable: fireworks or loud celebrations often come without warning, at strange times, from different directions. That unpredictability makes them harder for an animal to cope with.

- The sounds are intense: Loud booms, flashes, smells (smoke) — all can add to the sensory overload.
- The environment changes: More visitors, more activity, less routine. For pets that thrive on stability, this adds to anxiety.
- Potential for danger: Pets may bolt, try to escape, injure themselves, or run away when frightened.



What you can do to help:

Here are some practical tips to help your pet navigate the holiday noise with less stress:

- Plan ahead: If you know fireworks or loud celebrations are likely, keep your pet inside and secure. Close windows, draw curtains to muffle sounds and block flashes of light.
- Create a safe zone: Make a quiet, comfortable space for them — a crate or room where they feel secure, with their blanket or favourite toy, away from the commotion. Encourage them to use it when things are calm so it becomes a safe "go-to" place.
- You can also add a pheromone diffuser to this space which will enhance your pet's sense of safety.
- Use soothing ambient noise: playing soft music, leaving the TV on, or using a white noise machine can help mask sudden external sounds.
- Stay calm yourself: Pets pick up on our cues. If you're stressed or reacting strongly to the bangs, your pet may sense "something is wrong." Try to maintain normal behaviour and reassure them through your calm presence.
- Routine matters: Keep their feeding, walking, play, and rest times as consistent as possible even during the busy season. Routine builds a sense of safety.
- Seek professional help: If your pet's reaction is extreme (self-injury, escape attempts, ongoing fear after the event) then a vet or animal behaviour specialist can advise on additional strategies and medications.



Early preparation makes a huge difference — once the fireworks start, it's often too late to help a panicking pet effectively.

Our message this holiday season:

Noise phobia is a medical and behavioural condition — not a behavioural flaw. With planning and veterinary support, we can help your pets feel safe and prevent unnecessary stress or injury.
If you know your dog or cat struggles with loud noises, please contact us for advice or medication well before the celebrations begin.



Conclusion

Early preparation makes a huge difference — once the fireworks start, it's often too late to help a panicking pet effectively.





Foliage Flair

Foliage brings soul, structure and personality to a garden in a way no bloom can replicate. Leaves hold the visual story together by smoothing transitions, adding drama where needed and creating calm where the eye wants to rest. Whether your style leans lush and tropical or clean and architectural, foliage is the foundation that gives every garden its character. When you design with leaves instead of relying only on flowers, you unlock a new layer of creativity and year-round interest.

Foliage has a magic all its own. It shapes beds with colour, texture and form long after blooms have faded. With the right leaf combinations, any space can become a lush, layered masterpiece that feels alive in every season.

Contrast creates energy. Mix broad and dramatic leaves with fine and airy textures to build depth. A bold delicious monster next to flowing grasses adds balance and personality.

- **Colour carries mood.** Silvery leaves brighten darker areas. Burgundy adds instant drama. Lime tones create freshness. Light and dark foliage together give effortless dimension.
- **Repetition builds flow.** Choose one or two hero plants and repeat them to create harmony. This prevents the garden from looking cluttered.
- **Shape defines style.** Upright agaves or aloes bring sculptural presence. Mounded heucheras and cascading ferns soften edges and add movement.
- **Layer with intention.** Place taller foliage at the back, mid-height fillers in the centre and compact groundcovers in the front for beautifully balanced beds.
- **Keep the palette tight**. A small selection of standout foliage plants creates more impact

than too many competing shapes.

- **Texture tells the story.** Velvet, smooth, crinkled and feathery leaves add richness, even when viewed from a distance.

"Design with foliage first and every bed becomes a masterpiece before the first bloom appears."

FOLIAGE PICKS

Shady Bed Favourites

- Cast iron plant (Aspidistra elatior)
- Delicious monster (Monstera deliciosa)
- Philodendron Xanadu
- Clivias (Clivia miniata)
- Rex begonias (Begonia rex)
- Coleus hybrids
- Maidenhair or Boston ferns
- Leopard plant (Farfugium japonicum)
- Fatsia japonica
- Asparagus fern (Asparagus densiflorus)

Sun-Loving Showstoppers

- Spekboom (Portulacaria afra)
- Artemisia Powis Castle
- Lavender cotton (Santolina chamaecyparissus)
- Lavender varieties
- Feather grass (Nassella tenuissima)
- Blue chalk sticks (Senecio serpens)
- Heuchera cultivars
- Agave species
- Delosperma ice plants
- Croton varieties (Codiaeum variegatum)

A well designed foliage garden invites you to slow down and really see the details. The shimmer of silver leaves, the sway of grasses, the bold confidence of architectural plants and the gentle texture of ferns all work together to create a space that feels grounded and alive. When you start experimenting with foliage pairings, you discover how effortlessly a garden can transform. With a few thoughtful choices and a little creativity, any corner of your outdoor space can become a leafy sanctuary that looks beautiful in every season.

















WHERE EQUESTRIAN TRADITION & ELEGANCE CONVERGE

Just outside the vibrant heart of Pretoria East lies a sanctuary that has been captivating horse lovers and outdoor enthusiasts for over three decades. Terrouges Equestre, a family-run estate since 1988, is a harmonious blend of tradition, excellence, and modern experiences. From immersive horse-riding lessons to vintage carriage rides that evoke a bygone era, this exceptional venue offers something truly unique for anyone who appreciates the majesty of horses.

A Place to Connect with Horses and Nature

At its core, Terrouges Equestre is a haven for equestrian enthusiasts of all levels. Here, riding is more than just a skill to master—it's a way to connect deeply with these magnificent creatures and the peaceful countryside they call home. The estate's qualified instructors, trained under the South African National Instructors Program, offer personalized lessons tailored to every rider, from complete beginners to seasoned equestrians.

The riding school boasts a comprehensive selection of ponies and horses suited to all levels, creating an inclusive environment where riders can grow their confidence and skills. With no more than five participants per lesson, instructors ensure a focused and tailored experience that fosters both progress and enjoyment.

State-of-the-Art Facilities for Equestrian Excellence

Every aspect of Terrouges Equestre reflects its commitment to quality. Riders have access to an indoor arena with floodlights, brick stables, and specialized care facilities like a solarium. Regular competitions, shows, and training events foster a thriving equestrian community where riders can challenge themselves and celebrate their achievements.

For those looking to deepen their commitment, Terrouges offers leasing options with a range of high-quality horses and ponies. These opportunities allow riders to explore their potential, whether their goal is competition or personal enrichment.

Beyond Riding: Unforgettable Experiences

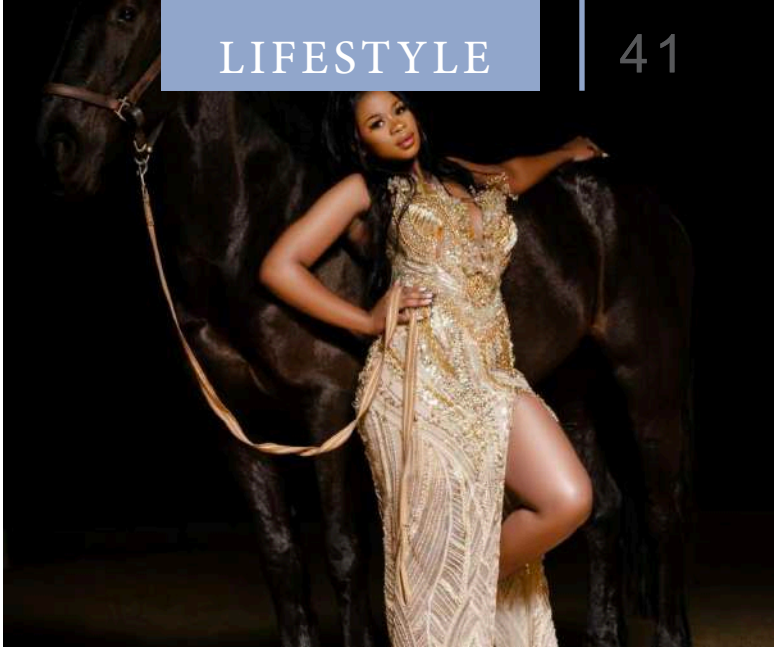
While horse riding is at the heart of Terrouges, the estate offers a host of other unique experiences that have earned its reputation as a destination for extraordinary moments.

Weddings with a Touch of Royalty

There's something timeless about arriving at your wedding in a horse-drawn carriage. At Terrouges, couples can embrace this enchanting tradition, making their grand entrance in one of 25 beautifully restored period carriages. These elegant vehicles, paired with the estate's magnificent horses, bring a sense of romance and sophistication that transforms any wedding into a fairytale.

Matric Dance Memories

Terrouges adds a touch of magic to matric dances, offering students the opportunity to arrive in unparalleled style. With carriages that evoke a sense of royalty, these rides create lasting memories for young adults stepping into one of the most significant nights of their lives.









Picturesque Photoshoots

The rolling hills and serene landscapes of Terrouges provide the perfect backdrop for photoshoots. Whether posing alongside their majestic horses or simply enjoying the natural beauty of the estate, visitors can capture moments of breathtaking elegance.

A Legacy of Tradition and Passion

Terrouges Equestre is more than a riding school or event venue—it's a living legacy. Since 1988, this family-run estate has upheld the values of dedication, quality, and tradition. Its collection of carriages, many sourced from Europe and South Africa, is a testament to its rich heritage. These treasures, along with five classic motor cars preserved as family heirlooms, continue to delight visitors and enhance every event hosted on the property.

Carriage-Driving: A Unique Equestrian Discipline

For those seeking something beyond traditional riding, Terrouges offers carriage-driving lessons. This family-oriented activity welcomes riders of all ages and abilities, including those transitioning from riding to a new way of engaging with horses. Whether competitive or recreational, carriage-driving provides a rewarding and social equestrian experience.

Why Choose Terrouges Equestre?

Terrouges stands out for its personalized approach, where every rider, horse, and visitor is treated with care and respect. Horses are not just animals here—they are members of the Terrouges family, trained with a philosophy of balance, lightness, and calmness. This commitment to excellence has made Terrouges a beloved destination for riders, event planners, and anyone drawn to the world of equestrian tradition.

Plan Your Visit

Step into the world of Terrouges Equestre and experience the magic for yourself. Whether you're learning to ride, planning a wedding, or simply seeking an unforgettable day surrounded by natural beauty, this estate offers an unparalleled escape into elegance and tradition.

For more information visit:

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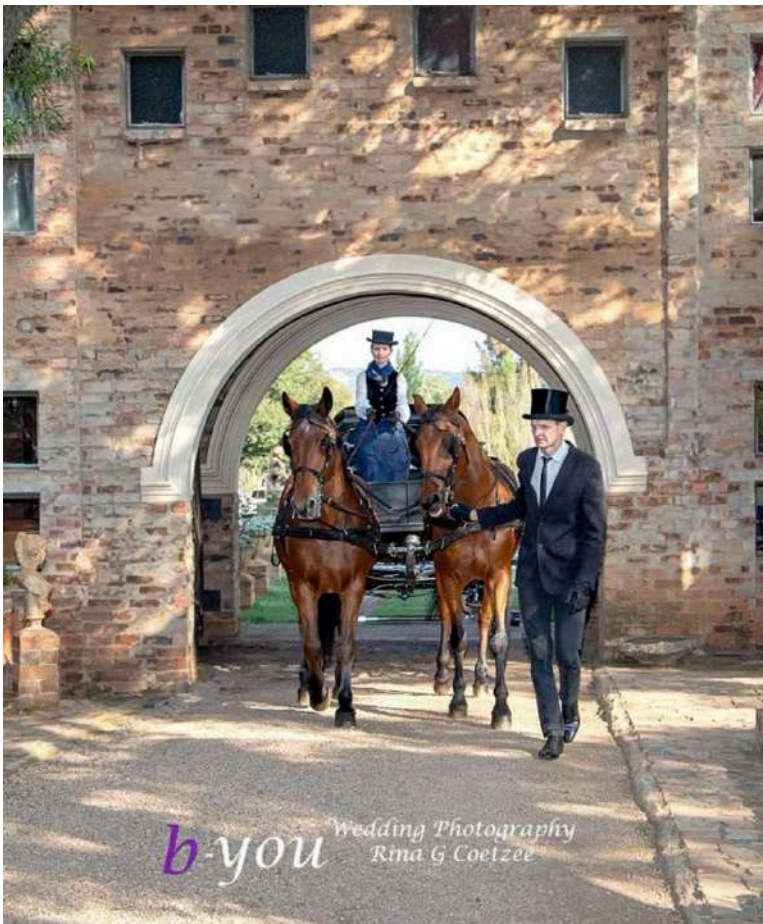


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